DATING JUSTIN BIEBER CAN BE DANGEROUS {page 8}

NICOLAS, UNCAGED IN HIS SEASON OF THE WITCH PERFORMANCE {page 7}

COLD WAR

CANADA TAKES ON RUSSIA FOR JUNIOR CROWN

{page 15}

CALGARY metro®

Wednesday, January 5, 2011
www.metronews.ca
News worth sharing.

PETA. Campaign

▶ PETA supporters, from left, Deanna Thompson, Tohni Blower, Emily Lavender, Kim Grette and Tiffany Couture, front, brave cold in support of PETA's latest campaign.

CAROLINA NOVOTNY/FOR METRO

Scantily yet compassionately clad

PETA members handed out soy cocoa and copies of a vegan starter kit on the corner of Stephen Avenue and Centre Street, in support of the organization's Turn Over a New Leaf: Go Vegan campaign.

Checked Ford's rank lately?

Ford surpasses GM to lead Canada's auto industry {page 4}

Flames stars could be in play

Brian Costello on Jay Feaster's trade-deadline outlook {page 16}

Added value, added tax

Calgary operates a revenue-neutral tax-assessment system ◐ Edmonton median values rose 9% from 2009

Nearly half a million assessment notices were put in the mail yesterday, and for the majority of Calgarians they show marked increases in property value.

The notices show that the typical residential property assessment increased by eight per cent.

"If a residential property increased by eight per cent in value, their taxes will stay the same. If a residential property's value increased by more than eight per cent, they will see an increase in taxes," explained Stuart Dalgleish, city assessor.

Conversely, a value increase of less than eight per cent — or any decrease in value — results in a decrease in taxes.

This year, 55 per cent of residential properties will see a revenue-neutral tax increase.

"The City of Calgary gets no new revenues. It is just a redistribution," said Dalgleish.

"This eight per cent increase lined up well with what we have seen in the market."

Median selling prices determined by the Calgary Real Estate Board were higher than median assessment values provided by the city. However, CREB president Diane Scott cautioned, "Sales inventory is not representative of all homes in the city."

The notices show the tax redistribution based on assessments, but actual tax notices will not be mailed out until May.

Calgarians have from Jan. 4 to March 7 to review the assessments, and they can access details at calgary.ca/assessment.

Assessments are based on market values as of July 1, 2010.

CAROLINA NOVOTNY

A closer look

Some highlights of the assessments:

- Ninety-three per cent of residential properties' revenue-neutral taxes will remain within 10 per cent of last year's taxes.
- The median value of a home was assessed at $410,000. Condos were assessed at a median value of $250,000.
- Only two communities in Calgary — Britannia and Manchester — saw a revenue-neutral tax decrease of more than 10 per cent.

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1 news

News on the move

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On the web at metronews.ca

What Prime Minister Stephen Harper's cabinet shuffle could mean for the next election. Video at metronews.ca

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Anti-Christian drumbeat heats fever pitch after attacks in Egypt. Scan code for story.

Truck hits woman, building, driver runs

A Dodge truck lost control hitting a pedestrian near the corner of 8th Street and 7th Avenue SW yesterday at around 10 a.m., according to police.

Police said the truck drove onto the sidewalk and didn't come to a stop until it collided with a building. The driver and passenger of the vehicle fled the scene but were stopped nearby by witnesses who held them until police arrived.

The pedestrian was taken to a local hospital where she was treated for minor injuries, according to police. METRO

New Year's shooting victim identified

Melake Selam Worku was identified as the victim of the New Year's Day shooting by the city's chief medical examiner.

The 27-year-old Calgarian was the city's first homicide of 2011.

At around 1 a.m. on Jan. 1, police said they responded to reports of gunshots heard at the intersection of 3 Avenue and 3 Street SW. Worku was found in the middle of the street suffering from gunshot wounds, according to police. He was taken to hospital but later died of his injuries.

Police said two men were arrested at the scene and two handguns were recovered.

A second victim, also suffering from gunshot wounds, remains in stable condition, according to police. METRO

COURTESY CONOR TAPP

▶ Police Chief Rick Hanson and other emergency service workers are leading the way in encouraging Calgarians to donate blood and are competing with their Edmonton emergency counterparts in the process.

Alberta cities in blood feud

Calgary police, fire department and Public Safety Communications staff are participating ◐ Edmonton won last year's competition by slim margin

KATIE TURNER
CALGARY@METRONEWS.CA

Emergency services personnel from Alberta's two major cities will be going head-to-head this month and they are literally out for blood.

The Sirens for Life Blood Donor Challenge began yesterday with members of the emergency services in Calgary leading the way.

"On a daily basis we encounter people who of course have all matters of misfortune and injury," said Brian McAsey, spokesperson for the Calgary fire department, adding donating blood is a way for emergency service workers to continue to help even after a patient leaves the scene.

Steve Dongworth of Public Safety Communications said while Edmonton won last year, Calgary is ramping up to a victory.

"We had a good turnout today and we're going to keep the message going."

"To be able to help the community from the other end as well once the patient needs blood is frankly very satisfying for us."

The campaign is intended to draw as many donors for the month of January, which is typically a low month for donations.

"The need for blood is constant," said Conor Tapp of Canadian Blood Services.

The challenge

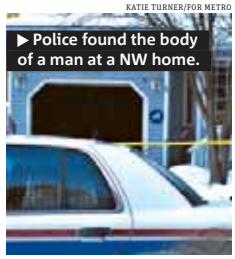
- Those wishing to donate blood can mention the Sirens for Life Blood Donor Challenge and their blood will be credited to the Calgary team.
- The goal of Canadian Blood Services is to collect more than 6,000 donations in the Calgary area this month.
- This is the ninth year of the challenge.

Police investigate suspicious death

Police are investigating a suspicious death in the northwest but have released few details. Around 11:45 a.m. yesterday, the Calgary Police Service was called to a home in the 1100 block of 18 Avenue NW. Upon arrival, officers found the body of a middle-aged man. The homicide unit is continuing to investigate and have yet to release further information about the death, police said. An autopsy is reportedly scheduled for today. METRO

2 If police deem this death a murder, it would be Calgary's second homicide of 2011.

KATIE TURNER/FOR METRO



▶ Police found the body of a man at a NW home.

News in brief

Senior's death under inquiry

LAKE MIDNAPORE. The family of a 77-year-old woman who died of strangulation at a seniors home pursued answers in court yesterday to determine what happened. Fong Sue Louis was found dead, strapped to her wheelchair by the neck at Beverly Centre Lake Midnapore in early August of 2008. The inquiry is ongoing. METRO

No injuries in house fire

CENTRE STREET. Calgary firefighters were able to subdue a northeast fire yesterday morning without any injuries. Fire department spokesperson Brian McAsey said the fire started in a detached garage at a home near Centre Street. The home is currently under construction so no one was home at the time. METRO

Baby-nabbing suspect awaits bail hearing

New York model's family 'very concerned' Infant turned in by public after casting call in Toronto

The tearful mother of a New York model charged in a bizarre baby abduction at a movie casting call was in a Toronto courtroom as her daughter appeared briefly yesterday.

Michelle Marie Gopaul, 24, is accused of snatching a one-month-old baby girl after taking part in what appears to have been a bogus casting call for a Bollywood movie last week.

Gopaul appeared in green jailhouse garb as her lawyer Gary Batasar asked that the case be put off until next Tuesday to give him time to prepare.

Police allege a one-month-old baby girl was abducted last Thursday night after her parents took her to a casting call for a movie shoot that had been advertised on Craigslist. The unharmed baby was returned to her parents a few hours later when a member of the public brought her to a police station.

MODELMAYHEM.COM

▶ Michelle Marie Gopaul

Outside court, Batasar said Gopaul was not denied bail during her court appearance on Saturday and in fact had not yet had a bail hearing. "The family members are obviously very concerned about her well-being," he said.

Gopaul's visibly upset mother, who had travelled to Toronto from New York City to attend court, admitted it was a difficult time. The fact that Gopaul and her relatives are American citizens complicates the case in terms of finding a surety.

THE CANADIAN PRESS

Chaos. Pakistan

▶ Supporters of Pakistan People's party grieve the loss of Punjab Gov. Salman Taseer.

B.K. BANGASH/THE ASSOCIATED PRESS

Punjab's governor assassinated

Salman Taseer, the governor of Punjab province, was shot dead in the capital yesterday by one of his guards, who told interrogators that he was angry about the politician's stance against the country's blasphemy law, officials said. The killing rattled a country already dealing with political crises.

700 The number of state troopers' citations for cursing in a recent year, estimates American Civil Liberties Union.

What the *!#@?

Firing off four-letter words won't be considered a crime anymore in Pennsylvania, thanks to a federal free-speech lawsuit.

THE ASSOCIATED PRESS

Snakes alive! Stay away from Aussie floods

Residents of an Australian city cut off by some of the country's worst flooding in decades are being warned to stay out of the water, and not just because of the risk of being swept away: Debris, snakes and even crocodiles could also pose a danger.

Large parts of the coastal city of Rockhampton were under water yesterday. The waters were still rising, with the 75,000-strong population bracing for the floods' expected peak today as a huge inland sea spawned by heavy rain across Queensland state drains toward the ocean. Residents on boats made their way through Rockhampton's flooded streets, while police checked houses to see whether they were occupied.

Up to 500 people have been evacuated from their homes along the Fitzroy River, which runs through the city and has spilled over its banks and inundated houses and businesses in waters ranging from a few centimetres to waist-deep, with levels expected to rise another half-metre. Air and rail links to the city were cut and only one main road remained open.

TORSTEN BLACKWOOD/GETTY IMAGES

▶ A venomous brown snake is carried by flood waters.

U.S. Secretary of State Hillary Clinton sent a condolence message to those affected by the floods and said Washington was ready to help if needed.

Adding to the woes, Rockhampton Mayor Brad Carter said yesterday the floodwaters were threatening Rockhampton's sewage treatment plants.

THE ASSOCIATED PRESS

Queensland

Rockhampton is the latest of 22 cities and towns in Queensland to be swamped by floods.

- The worst effects of an unusually wet summer began just before Christmas.
- Officials say the flooded area covers the size of France and Germany combined, and 200,000 people have been affected. Costs may reach many hundreds of millions of dollars.

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Ford Canada powers past GM to become industry leader

Canadian December sales at Ford highest in over 10 years F-series pickup truck has helped resurgence

Ford has toppled General Motors as Canadian auto industry leader for the first time in more than 50 years.

Oakville, Ont.-based Ford Motor Co. of Canada Ltd. claimed the title yesterday after reporting that sales of new cars and trucks jumped 19 per cent to 267,974 vehicles in 2010 from the previous year.

General Motors of Canada Ltd. will release its December and year-end results later in the day but analysts say Ford had built an insurmountable lead throughout the year.

"Sales titles are nice to have but we remain focused on building long-term, sustainable, profitable growth," said David Mondragon, Ford Canada's president and chief executive officer. He suggested Ford is in a good position to retain its lead in an extremely competitive industry this year because of a strong lineup of cars since consumers will likely shift from trucks as fuel prices climb.

CONTRIBUTED

▶ The F-Series pickup truck

Although Ford made gains in car sales in 2010, the F-Series pickup truck has powered the company's resurgence in Canada during the last five years. F-Series sales hit 97,913 in 2010, the highest total for any vehicle in one year in Canadian history. The model has led pickup truck sales for 45 consecutive years here.

TORSTAR NEWS SERVICE

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
– 40.91 (13,402.31)	– 0.39¢ (100.15¢ US)	– $2.17 US ($89.38 US)	$4.650 (– 1.9¢)	$1,378.80 (– $44.10)

▶ Employee Gabrielle Silva operates the drive-thru lane in Huntsville, Ala., at the "romance" store called Pleasures, billed as America's first drive-thru with adult novelties for sale.

DAVE MARTIN/THE ASSOCIATED PRESS FILE

Serving up some spice

Business at the drive-thru adult-novelty store Pleasures is brisk so far, with cars sometimes lining up three deep for vibrators, lubricants, lingerie and other risque items. Shoppers must first fill out a medical checklist provided by the store.

Company seeks FDA approval for moist smokeless tobacco

Tobacco maker Star Scientific Inc. says it has developed a moist smokeless tobacco with lower levels of cancer-causing chemicals than any other tobacco product now on the market.

The small Virginia company, which sells tobacco lozenges that dissolve in the mouth, said yesterday it plans to soon ask the U.S. Food and Drug Administration for approval to sell the new item as safer than any competing product.

Star Scientific says the "modified-risk" label that the FDA is developing belongs on the new Stonewall Moist-BDL because it contains 90 per cent to 99 per cent less tobacco-specific carcinogens than other smokeless tobacco products.

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PAUL 2.0 LOOKING FOR A 2011 UPGRADE

Just sayin'

PAUL SULLIVAN

"Be at war with your vices, at peace with your neighbours, and let every new year find you a better man."
— Ben Franklin

I'm not sure if Ben Franklin invented New Year's resolutions, but he invented everything else, so let's give him the benefit of the doubt.

Every year, I go looking for a better man to take my place, but for some reason I can never find one, so I try to improve on the current model: Paul 2.0.

Of course, I'm not the only one. Most of us are unwrapping our 2011 calendars with the same sense of deluded optimism. And if our optimism doesn't seem deluded now, I'll check in again Dec. 31 and see how you feel.

According to the Farmer's Almanac, the top five New Year's resolutions are: 1. Lose weight; 2. Pay off debt; 3. Get in shape; 4. Eat right; and 5. Reduce stress.

All admirable goals. If you're like me, you've probably achieved each and every one.

For example, I have no trouble losing weight. And even less trouble putting it back on again.

I pay off debt like crazy. I'm never without debt to pay off.

I'm in shape. Pear shape.

I eat right. And left. And sometimes with both hands at the same time.

And I reduce stress by overeating, retail therapy, and taking to the couch, preferably all three at once.

"Maybe it's not you or me after all; maybe the resolutions are unrealistic ... We need less ambitious resolutions."

I can't figure out why Paul 2.0 is so elusive. I have the blueprint, and if that doesn't work, every talking head on the planet knows how to keep my New Year's resolutions. All I have to do is …

Maybe it's not you or me after all; maybe the resolutions are unrealistic. (Maybe? Have you ever met a successful resolution keeper? I didn't think so.) We need less ambitious resolutions.

So, this year, I resolve never to turn left without signalling. I resolve to tie a double knot so my shoelaces don't come undone. And, as a bonus resolution, I'm going to put the toilet seat back down!

Now these are resolutions that have a chance of being kept. If you think they lack a certain, um, resolve let's compare notes again Dec. 31 and see who kept what.

Let's give the Father of All Resolutions the last word, this time on the whole idea of resolutions: "Resolve to perform what you ought; perform without fail what you resolve."

Next year, I might try that.

Read more of Paul Sullivan's columns at metronews.ca/justsaying

Cartoon

MICHAEL DE ADDER

Scientists move ahead

Worth mentioning

No more guessing

Dutch and Polish scientists have discovered that DNA can be used to predict people's hair colour, leading to the possibility of using the findings in future forensic investigations to identify individuals.

In a study published this week in the journal Human Genetics, a team of scientists led by Manfred Kayser, head of the department of forensic molecular biology at Erasmus Medical Center in Rotterdam, found that DNA can predict with an accuracy of more than 90 per cent whether a person has red or black hair.

They also found that by using DNA samples, they can predict with an accuracy of 80 per cent whether a person's hair is blond or brown.

Scientists collected hair samples from 385 Polish people between 2005 and 2009. The hair colour was classified into seven categories: Blond, dark blond, brown, auburn, blond-red, red, and black. Previously, red hair was the only hair colour that could be predicted from DNA.

Kayser and his colleagues also found that their DNA approach allowed them to differentiate hair colours that are similar, such as someone who might have blond hair versus another person who might have dark blond hair.

TORSTAR NEWS SERVICE

What's your favourite winter sport?

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Metro Minute with native culture at the Micah Gallery

Looking for the cure to that special feeling that only native culture can satisfy? The Micah Art Gallery located in Art Central down on 112, 100–7th Ave. has what you're looking for with its assortment of jewelry, pottery and much more.

Best of all, through to Jan. 31 it will be featuring the works of local artists from all over the Calgary area. So if you're looking for a bit of native culture to take home with you, or if you prefer to admire the artistic style of others, the Micah Gallery has what you're looking for.

METRO

WWW.ARTCENTRAL.CA

▶ The Micah Art Gallery has an assortment of jewelry, pottery and much more.

HANDOUT/THE ASSOCIATED PRESS

▶ Stephen Campbell Moore, left, Nicolas Cage and Ron Perlman all star in the Season of the Witch.

Scratching his scary movie itch

Nicolas Cage dives into genre with new sequence of movie releases ◐ Season of the Witch is up first

NED EHRBAR
SCENE@METRONEWS.CA

Nicolas Cage kicks off 2011 by heading back to the 14th century for Season of the Witch. Cage sat down with Metro to talk about how he chooses his roles, working with wolves and what's still on his to-do list.

With this film, last year's The Sorcerer's Apprentice and your upcoming Drive Angry, you're doing a lot of supernatural movies lately.

I've always had an interest in it. It's just that lately there's been more of them in sequence — and that's by design, because I did want to show that I was choosing my roles, that these were opportunities to me that were being selected to create a kind of new body of work. And I think it's because I don't want to feel tied down.

The sequence in the film when you're attacked by wolves looked pretty harrowing.

That was interesting. They're still wild. You read stories about things going horribly wrong. They're feral, you know? I mean, some of those shots the wolf was right there, right by my face. And I had a few visions of my face coming...off. No pun intended.

How was it filming in such remote locations?

I just kept waking up every day so happy to be there. To make a movie in that environment was really a huge pleasure for me. You can tell the difference. There were some special places we went to also that were like Celtic sacred sites. Some of the forests in the Austrian alps were some of the first areas that those people started to congregate. It was kind of magical.

Is there a genre you haven't done yet that you'd like to?

Well, I haven't done a musical yet, and I'd like to try that at some point. But I don't know what it would be. But yeah, I'd find that interesting.

Do you think you've scratched your scary movie itch?

I hope I have more than one. And I'm hoping that one day, when I get a little more time, I can direct one. That's the plan, but that's probably not going to be until I get into my 50s.

What type of scary movie do you think you'd like to direct?

I think it's a mixture of the kind of Japanese dream logic that we see in movies like Ringu and The Grudge combined with a sort of antebellum southern United States grandiosity.

I'll try to find a way to marry those two elements to make a horror film. I was thinking about a... well, I don't know if I should talk about it because I haven't written it yet.

In Focus

RICHARD CROUSE
SCENE@METRONEWS.CA

NICOLAS IS A CAGED ANIMAL

Season of the Witch star has built his career on giving the all-or-nothing performance

A cleverly edited YouTube video featuring a montage of Nicolas Cage "losing it" in the movies has racked up 1,677,816 views, which is probably more people than saw his recent trilogy of Razzie Award worthy work, The Wicker Man, Bangkok Dangerous and Knowing.

The vid is an eye opening look at Cage's trademarked brand of extreme acting; a method of over emoting perfected in the 66 movies he's made since his debut (under his real name Nicolas Coppola) in 1982's Fast Times at Ridgemont High. Citing The Incredible Hulk star Bill Bixby as a major acting influence, he has always been, for better and for worse, one of our most completely fearless (and koo koo bananas) actors.

This weekend's Season of the Witch promises an extra helping of full throttle Cage and will likely do some bang-up box office, but the actor has made many other, lesser known movies that are also worth a look.

One writer called Cage's work in Vampire's Kiss "a grand stab at all-out, no-holds-barred comic acting or one of the worst dramatic performances in a film this year" and 21 years after those words were written it's still hard to judge. The story of a man who may — or may not — be turning into a vampire is best remembered as the movie in which Cage ate a live cockroach, but also features one of his most unhinged performances.

A few years later came Red Rock West, a genre busting movie that unfairly barely made it to theatres. Cage hands in some of his best work as a broke but honest drifter, but only took the role after Kris Kristofferson turned it down.

At the intersection of Vampire's Kiss and Red Rock West is Wild at Heart, a film that perfectly showcases Cage's manic energy. As Sailor, he's a one of a kind Elvis wannabe with a snakeskin jacket and an attitude. It's a bravura performance that, like the jacket which he says, "represents a symbol of my individuality," is a symbol of his artistic individuality.

2 scene

SNL

Jim Carrey and Gwyneth Paltrow will kick off the new year for Saturday Night Live with back-to-back hosting gigs. NBC said yesterday that Carrey will preside over this week's edition. Paltrow will take her third turn at hosting the show on Jan. 15.

THE ASSOCIATED PRESS

Roger Ebert's new movie-review show names film critic Ignatiy Vishnevetsky as a co-host

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Dating Bieber comes at a cost

Disney star caught canoodling with Bieber in the Caribbean over the holidays Since then, Gomez has received death threats over Twitter

Selena Gomez is learning that being romantically linked to Justin Bieber can be dangerous, according to the Daily Mail.

The 18-year-old Disney star was photographed canoodling with the 16-year-old singer on a yacht in the Caribbean over the holidays.

Since then Gomez has been receiving death threats from Bieber's fans on Twitter.

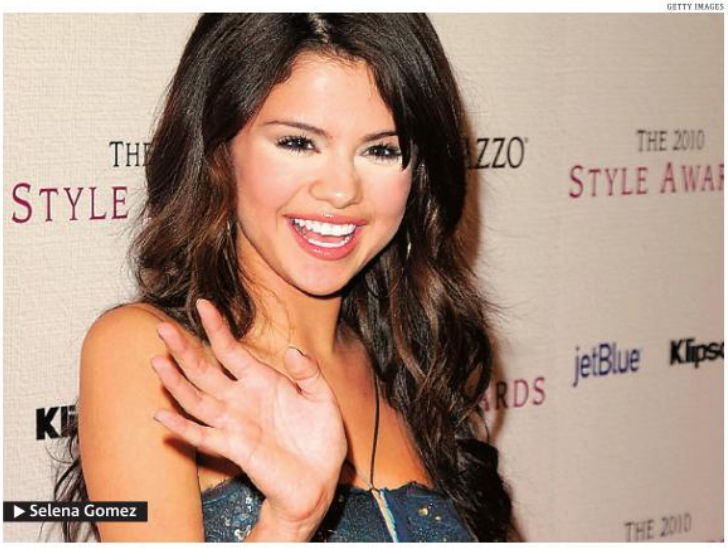
"Roses are red, violets are blue, [Selena Gomez] if you'll break [Justin Bieber's] heart I'm gonna kill you," wrote one fan.

Another posted, "If you are the girlfriend of Justin, I will kill you. I hate you."

Neither stars have responded to the posts.

METRO

GETTY IMAGES



Selena Gomez

GETTY IMAGES

Lindsay Lohan

Lohan moves to Venice Beach — next door to ex-girlfriend

Apparently Lindsay Lohan will have a familiar face for a neighbour at her new Venice Beach apartment, as ex-girlfriend Samantha Ronson reportedly lives next door, according to Us Weekly.

Ronson was spotted while Lohan's belongings were being moved into the new space. "Samantha walked out of the building next door," a source says. "She was shaking her head and looking disgusted. She kept saying, 'I didn't plan it this way.'" METRO

Kunis splits with boyfriend Macaulay after seven years

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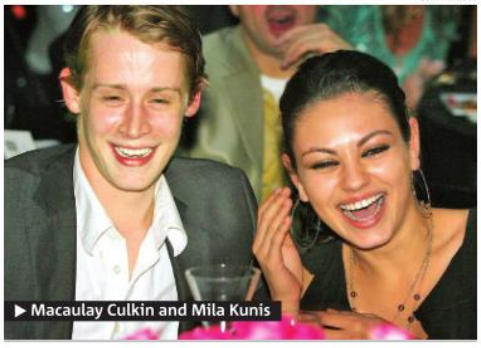
Macaulay Culkin and Mila Kunis

After dating for seven years, actress Mila Kunis has split from boyfriend Macaulay Culkin, according to Page Six.

"The split was amicable, and they remain close friends," a source close to Kunis says.

The low-key pair is said to have broken up some time ago, but they agreed to keep it quiet while Kunis promoted her new film, Black Swan. METRO

Talking points

Insomnia keeps Bieber up at night

Justin Bieber says his hectic life is giving him insomnia.

"I just turn over all night and think. My mind races," he tells Vanity Fair.

"I think about all the things I didn't have time to think about during the day — like family and God and things that should be more important but you don't have time to think about, because you just get caught up during the day."

One thing he's not losing any sleep over, though, is ruining his successful career. "I know I'm not going to make a life-changing bad decision, as some people have," he says.

METRO

Jackson's doctor to face the music

Prosecutors are set to unveil their case against the man hired to look after Michael Jackson's health during rehearsals for his comeback tour as a judge determines whether the doctor should stand trial in the superstar's death.

In spite of an autopsy report attributing his death to acute intoxication of a powerful anesthetic complicated by other sedatives, the circumstances of Jackson's death are still mysterious.

Prosecutors have suggested Murray's lawyers will blame Jackson, claiming he may have injected himself with the fatal dose of propofol. But that issue is unlikely to arise until trial.

The guardians of Jackson's legacy will be watching as the hearing focuses on the star's drug use.

THE ASSOCIATED PRESS

Celebrity tweets

Neil Patrick Harris [@ActuallyNPH]

I'm a grown man. I'm 37 years old. And yet, I still giggle when anyone says the word 'duty.' Why is that?

Simon Pegg [@simonpegg]

Enjoying a lovely chef's salad right now. I mean the salad is lovely not the chef. Although s/he probably is. S/he made the salad. Mmmmm salad.

Kirstie Alley [@kirstiealley]

Sitting midst a Winter Storm...ahhhh gotta LOVE the drama...unless you are a stray cat....so all STRAYS go to the South garage door. WELCOME

John Cusack [@johncusack]

Off to park city — must snowboard — the urge came quickly — I was prepared to strike.

Reynolds, Bullock just friends?

Sandra Bullock has reportedly been spending a lot of time with Ryan Reynolds lately, prompting speculation that they're romantically involved.

But sources tell Popeater that isn't the case — yet. "They love spending quality time together," a source says.

"But they are not a couple, at least not yet. They are both newly single and leaning on each other for support.

"Who knows what will happen in the future, but any rumours of them being together and splitting up Ryan's marriage to Scarlett [Johansson] are false."

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Ryan Reynolds and Sandra Bullock

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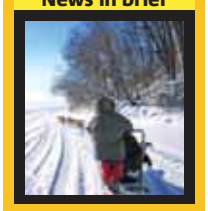
News in brief



Evening outdoor activities in wintertime can be in short supply. But for those inclined to venture into the frigid dark, here's a suggestion from Quebec City Tourism: dogsled rides by torchlight. Two companies in the area offer the experience, the association says in a newsletter. Aventure Inukshuk takes two people per dogsled on 1½-hour rides, followed by a cocktail served by candlelight in a yurt. Aventures Nord-Bec Stoneham offers a package that includes dinner, a dogsled ride and a cocktail served in the woods.

THE ASSOCIATED PRESS

Team snowball fights added to Fur Rondy winter festival in Anchorage

A historical tour of Rue Ste-Catherine

Montreal museum takes a look at the city's most famous street's past

11 kilometres and 250 years brings with it plenty of good stories

Few people have probably thought about the rich history of Montreal's Ste-Catherine Street as they darted in and out of its restaurants and shops.

It's unlikely they dwelled much on it either as they walked past its homes on the way to some outdoor concert at the Montreal International Jazz Festival or took in an event from some other festival.

A new exhibit entitled Sainte-Catherine Street Makes the Headlines, at Pointe-a-Calliere, the Montreal Museum of Archeology and History, aims to change that.

"For the museum, the idea of presenting an exhibit on the history of Ste-Catherine Street was quite important," says Anne-Elisabeth Thibault, the project manager for the exhibit, which runs until April 24.

"It's one of the most popular streets — if not *the* most popular street — in Montreal."

Francine Lelievre, the museum's executive director, says that besides being a vital artery, Ste-Catherine Street is "a valuable witness to Montreal life, as well as one of its most faithful reflections.

"This is a wonderful opportunity to salute the 250-year history of such a symbolic thoroughfare, in the first exhibition on the subject, based on original research."

The museum team were aware that the show had to be accessible not only to locals but also out-of-towners who figured their burg had its own iconic street.

"When we thought about our exhibit, we really wanted to put it up not only for Montrealers but for people who would not know the street, who would be able to discover it through this exhibit," Thibault says.

The street's story is told through several themed sections using 230 artifacts, 300 pictures and 31 film clips in the large room of the Old Montreal museum.

"A little bit of the Forum is in this exhibit," notes Thibault as she perches on one of the seats from the Old Forum, as the building is referred to by locals.

The Forum, which is one of Ste-Catherine Street's most famous venues, was replaced as the Montreal Canadiens' home in 1996 by the Molson Centre, which was later renamed the Bell Centre.

Ste-Catherine Street's 11 kilometres has seen a lot of history in its 250 years, and the intersection of Peel and Ste-Catherine is often touted as one of Canada's important crossroads, right up there with Winnipeg's Portage and Main.

For more info go to pacmusee.qc.ca/en/home.

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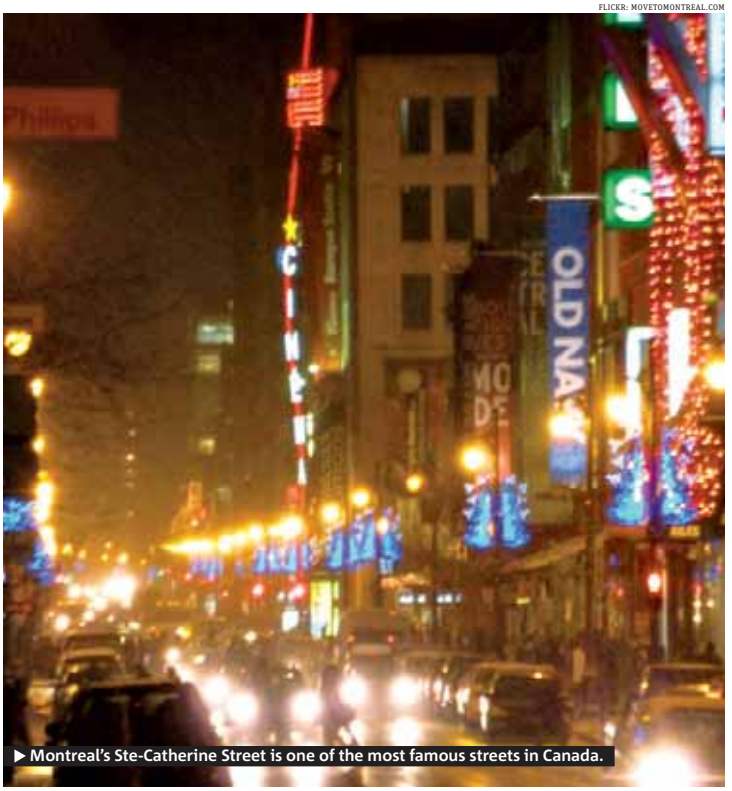

▶ Montreal's Ste-Catherine Street is one of the most famous streets in Canada.

THE CANADIAN PRESS/MUS E POINTE-A-CALLIERE/MICHEL JULIE

▶ View of the exhibition room at Pointe-a-Calliere at the Montreal Museum of Archeology and History that has a new exhibit on Ste-Catherine Street.

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Going for a ride in Cuba

Great weather, flat roads and less cars make Cuba a great place to use your pedal power to see the sights

WILL HIDE
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A heavy downpour would normally send me racing for cover, but after a day cycling west of Havana in temperatures around 30 C, rain was a welcome relief. Sudden showers aside, Cuba is a great place to go cycling.

The landscape is generally flat and even if you hit a hill, there's the lure of the downhill glide to keep your spirits from flagging.

Plus, it's always warm enough to wear shorts and T-shirt.

Because of the trade embargo put in place by the United States there are few cars on the road. This mean that millions of Cubans own bikes, which makes it a great way of bonding with the locals.

After a few days sightseeing in Havana, I joined a group employing pedal power for a tour around old colonial towers, through tropical forests, past coffee plantations and tobacco fields.

Our average distance was 38 kilometres a day. After a leisurely breakfast, we'd set off past men driving donkey and carts, and cycle for the morning (sometimes along car-free motorways), before stopping for a picnic lunch of moros y cristianos (rice and beans) and just-picked bananas.

As well as visiting the Bay of Pigs (site of the ill-fated invasion by U.S. forces in 1961) we stopped at Cienfuegos, a town founded by French immigrant farmers in the early 19th century.

The city of Trinidad was another highlight, with its cobbled stone streets, colonial buildings and fantastic live music.

A few days cycling in Cuba will certainly make you fitter, but more importantly, get you closer to the fascinating country. All in all it's as much a revelation as a revolution.

Top 3

Things to do for cheap (or free!) in Cuba.

- **Cigar museum.** Visit the cigar museum on Calle Mercaderes, and of course you can always buy a few examples to take home.
- **Drink mojitos.** Grab a mojito at the Bodeguita del Medio – like Salvador Allende and Ernest Hemingway have before.
- **Take a photo.** Have your photo taken underneath an iconic mural of Che Guevara in Plaza de la Revolucion.

FLICKR: MALE GRINGO

▶ Taking a bike ride in Cuba is a great way to see the country and bond with the locals.

Great places to hit in Havana

Quick tips for a trip to Havana, Cuba.

EAT

La Torre restaurant in Vedado (Havana) has great views and serves dishes such as lobster or roast pork. 36th floor at Calle 17

SHOP

A bottle of Caney rum is a good gift to bring home and costs around $40.

STAY

Hotel Plaza in Vedado, is one of the oldest hotels in the city. Doubles start from $50 per night. hotelplazacuba.com

Hotel Sevilla is close to the Museo de Bellas Artes and Old Havana. Doubles start from $125 per night. hotelsevillacuba.com

TIPS

Cuba has two currencies — the Peso, used mostly by locals, and the Convertible Peso, which is essentially for tourists.

If you're here between November and April, catch a baseball game — it's the national sport and great fun. Tickets cost around CUC 2.

The nightmare of no money

JOURNEY WOMAN

JOURNEYWOMAN.COM

It's every solo traveller's worst nightmare. What happens if my bank or credit cards are stolen? What do I do, who can help and how can I possibly avoid ending up with no money at all?

Unfortunately, I've learned that you can't protect yourself completely. You've got to plan for the worst and then try to be as savvy a traveller as possible.

In my backpack, I carry a plain school notebook that I've clearly labelled, My Travel Notes. This is actually the book where I write my findings for future articles, tape business cards and include some personal photos. This notebook gets quite dog-eared as I travel and that is a deliberate tactic on my part.

Now, this is the best part … So that I will never be without money, I tape five $10.00 bills and an extra credit card to the inside cover of this notebook.

Over it, I staple a copy of my itinerary which protects and hides this stash completely. Nobody ever suspects that there is money there.

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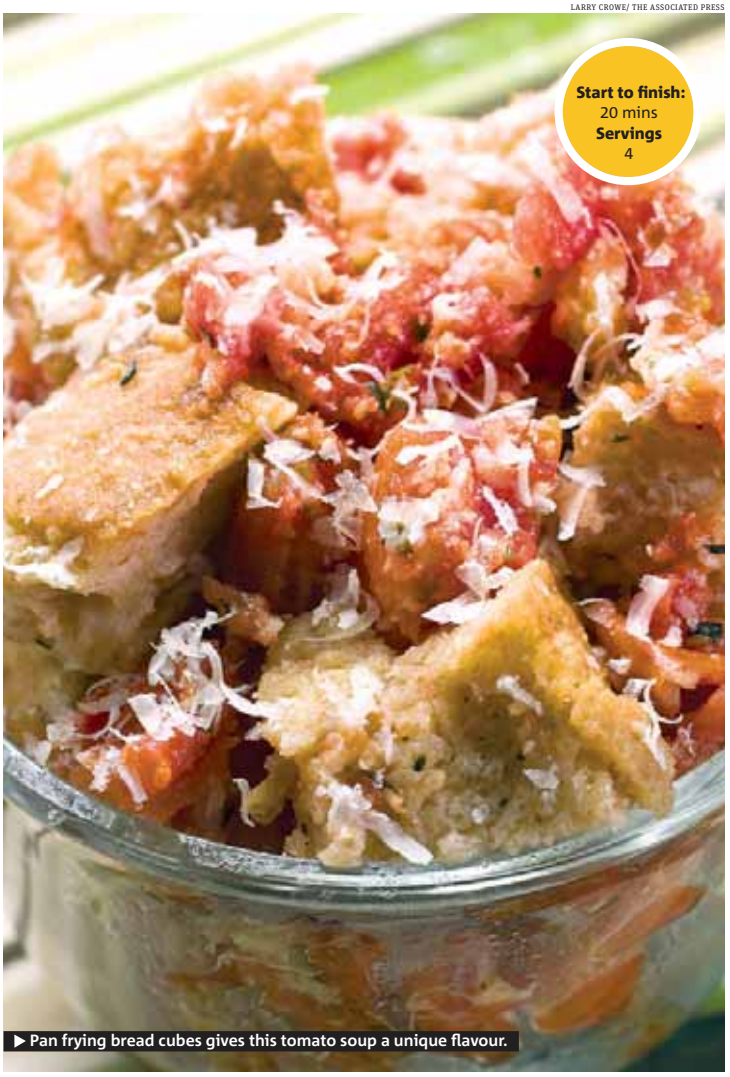
Not an average soup

This pan-fried sourdough bread and tomato soup is a modern twist on a traditional Italian favourite

LARRY CROWE/ THE ASSOCIATED PRESS



▶ Pan frying bread cubes gives this tomato soup a unique flavour.

Italian bread and tomato soup — known as pappa al pomodoro — is a wonderful way of using up stale bread and overripe tomatoes.

It produces a richly savoury soup that is thick and satisfying enough to make a meal of.

It is typically made by sauteing onions and garlic, then adding tomatoes and cooking.

Just before serving, cubes of stale bread, chopped fresh basil and a bit of chicken broth are stirred in.

With this approach, the order is reversed. Instead, you pan-fry cubes of bread in olive oil until crisp, then add the tomatoes.

The bread retains a nice chew and the tomatoes also have a nicer texture. It's a keeper.

Preparation:

1. In a large saucepan over medium-high, heat the olive oil.
2. Add the bread and toast, stirring frequently, for 5 minutes. The bread will quickly absorb the oil. Keep the bread moving in the pan so it toasts, but doesn't burn.
3. Add the wine, then continue toasting the bread for another 5 minutes. Add the thyme, oregano and garlic powder, then cook for another for 2 minutes.
4. Add the tomatoes and chicken broth, then mix well but gently. Continue cooking until heated through, then stir in the cheese.
5. When the cheese is melted, season with salt, pepper and add a splash of balsamic vinegar.

THE ASSOCIATED PRESS

Ingredients :

- 45 ml (3 tbsp) olive oil
- 450 g (1 lb) sourdough bread, cut into cubes (about 8 cups)
- 60 ml (1/4 cup) white wine
- 2 ml (1/2 tsp) dried thyme
- 2 ml (1/2 tsp) dried oregano
- 2 ml (1/2 tsp) garlic powder
- 796 ml (28-ounce) can diced tomatoes
- 250 ml (1 cup) chicken broth
- 125 ml (1/2 cup) grated Parmesan cheese
- Salt and ground black pepper, to taste
- Balsamic vinegar, to taste

Reinvent your resumé

Save your CV from the Stone Age and stay ahead of the competition

DREW HINSHAW
LIFE@METRONEWS.CA

It's the beginning of a new decade, flush with opportunities for the seizing — unless the resumé you're emailing employers still reads like an antique parchment relic from the paper century.

Today's unemployed enjoy an abundance of unorthodox tricks to creatively catch the attention of prospective hirers, from posting video, flash, or html-based resumés to taking out pay-per-click ads that plaster your credentials whenever a bored boss Googles "accountant."

But for fear of the unknown, as resumé coach Laura Smith-Proulx notes, all too many Jobless Joes are sticking by their one-page pdfs.

"The single page resumé with an objective up top really went the way of the dinosaurs," she says.

"A lot of people are still very reluctant to create something that's cutting edge because they've never seen a resumé that looks cutting edge."

If your idea of a breath-taking CV involves a Microsoft Word template, re-route your efforts into one of the free online resumé builders like VisualCV.com, President Louise Fletcher of Blue Sky Resumés recommends.

"Those kinds of things are great additions to a personal website," she says. "You can get a lot more information on there than on a traditional resumé, and you can show your personality more."

Plus it's convenient. "People can choose to click on the link or not," she adds. And for overworked recruiters inundated with attached resumés, that ease of use makes the difference between "why not" and "no."

"A lot of people are still reluctant to create something that's cutting edge."
LAURA SMITH-PROULUX, JOB COACH

Relentlessly promoting your qualifications in 140-character Twitter blasts can grab the eye of the right HR rep, too, Proulx offers.

"It's possible that some companies may be exclusively recruiting in Twitter," she points out, so make sure your Twitter bio is up-to-date. snazzy and appealing.

If you're preparing anything more time-consuming, however — be it a video resumé or some nifty web art — don't bother sending it out to the company HR department.

"When you're doing something different, part of it is coming up with the creative presentation and part of it is being creative about who you get it to," Fletcher explains.

ALL PHOTOS:FLICKR: SOCIALISBETTER

▶ In a world where recruiters are inundated with hundreds of resumés, getting creative is a must.

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The Claim Form is available at any Mogo location, online at www.paydayloanclassaction.ca or by calling Hordo & Bennett at 778-373-6380

More information on the settlement can be found at www.paydayloanclassaction.ca

Don't let Zs grab hold of your Bs

A disjointed snooze means a student may lose, experts say Prioritize a healthy sleep pattern now that the lazy holidays have come and gone

SMATH/FLICKR

▶ Fading into sleep wherever you find a resting spot may have an impact on your schoolwork.

"Sleep hygiene is really underrated," says Dr. Betsy Smith, director of counseling at the Massachusetts College of Art and Design. "If you get into a cycle of staying up late and sleeping late, that can lead to real problems."

Creating a steady, restful sleep pattern might be the simplest thing you can do to improve your spring semester.

"There's a number of contributing factors at the end of the fall semester. As you get closer to going home and having to report on how you're doing, the stress can go way up," says Dr. Carolyn Kaufman, a psychologist at Columbus State Community College. "Plus the light changes a lot at the end of the fall. Suddenly you're not getting enough light, and your coping skills are knocked down a notch."

A recent study featured in the medical journal Sleep and Breathing went even further. Focusing on students at Montgomery College in Maryland, researchers looked not just at the amount of sleep, but also the wakeup times, of the students. They found that students who rise earlier have better GPAs.

But that might not be the answer for everybody, especially students in the arts. "There's research that suggests that creative people tend to be night people," says Kaufman. "If they get themselves up earlier, they're not more productive, because they're missing their best hours. … It's better to create a consistent pattern." METRO

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Feaster figuring out what Flames need

A week into his new job as acting general manager of the Calgary Flames, Jay Feaster was still evaluating what he has to work with.

But if the Flames don't meet their target goal — which is winning at least two out of every three games — Feaster says he will become a man of action.

"If that isn't happening, then we'll quickly be beyond the evaluation stage," Feaster said yesterday in the owners' box at the Scotiabank Saddledome.

As they near the halfway point of the season, the Flames (18-19-3) are six points out of a playoff spot in the Western Conference and have to climb over a handful of teams to get there.

Calgary is 2-1 since Darryl Sutter resigned as GM and executive vice-president Dec. 28. Feaster, hired as assistant GM in July, was asked to step in on an interim basis.

Feaster was GM of the Tampa Bay Lightning when that club beat Calgary in seven games to win the 2004 Stanley Cup final. He was also GM of the Hershey Bears when they won the Calder Cup in 1997.

While he's already proven his ability as a hockey executive, Feaster was willing to audition for the job as the Flames' GM.

He's working on a short-term plan to present to club president Ken King with recommendations on what moves should be made before the trade deadline Feb. 28. He'll also develop a long-term plan for King and the Flames' ownership group to review.

The 48-year-old from Harrisburg, Pa., was hired on a three-year contract in July. Feaster says he's willing to work with whoever the Flames choose for GM if it isn't him.

THE CANADIAN PRESS

11

If Feaster concludes players have to be moved before the trade deadline, he's limited by 11 Flames with no-trade or no-movement clauses, and a payroll at the NHL's salary cap limit of $59.4 million US.

It all comes down to this

Canadian goaltender prepares for 'the biggest game I've ever played in my life' Russians have improved since opening-game loss to Canada

ANDREW WALLACE/TORSTAR NEWS SERVICE

Team Canada starting goalie Mark Visentin speaks at a press conference yesterday.

Canada's closest rival has been beaten, but now comes the game for gold against an old foe.

Another overwhelmingly pro-Canadian crowd is expected to pack HSBC Arena when Canada takes on a Russian squad with a flair for drama in the final of the world junior hockey championship tonight (TSN, 5:30 p.m MT).

And no one will be more in the spotlight than goaltender Mark Visentin.

The starter for the nearby Niagara IceDogs of the Ontario Hockey League may have looked shaky as he gave up a goal on the first shot of a 4-1 quarter-final win over Switzerland, but he made the saves he needed and then did the same in another 4-1 victory over the rival Americans in the semifinals.

"I'm excited for the opportunity," Visentin said yesterday. "It's definitely going to be the biggest game I've ever played in my life."

Olivier Roy lost the starting job after he was beaten high twice and then surrendered a pair in a shootout as Canada lost 6-5 to Sweden in its final round-robin game.

But Canada came back with not only a new goaltender in Visentin, but a new level of intensity and a hardened commitment to defensive play as it began single-game knockout competition.

Since the loss to Sweden, they have dominated, allowing only a small handful of good scoring chances to both the Swiss and the Americans as they controlled the boards and the play.

A defence that looked suspect during the preliminary round has suddenly rounded into shape, while the forwards have been strong at both ends.

"They've been excellent in all areas of the ice," said Visentin. "Just protecting against scoring chances and communicating with me when I play the puck.

"That really makes it easier on me. When you come here, you have the best D-men in Canada. It really shows how good they are out there, keeping the shots to under 30 a game. I love them out there. They're doing a great job and we're going to keep it up." THE CANADIAN PRESS

3 RUSSIAN PLAYERS TO WATCH

VLADIMIR TARASENKO

- The stocky winger and captain has made some dazzling plays.

YEVGENI KUZNETSOV

- He stole the show in Russia's comeback win over Finland with two goals.

DMITRI SHIKIN

- The goaltender took over after the loss to Canada and has won four of five games.

THE CANADIAN PRESS

4 sports

Quoted

"Any time you get to the final of a tournament with the best players in the world, there are no guarantees. All you can do is concentrate on your preparation and give your team the best chance to win."

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Opinion

BRIAN COSTELLO
THE HOCKEY NEWS

DON'T RULE OUT SOME BIG NAMES BEING DEALT

With most GMs, it's always difficult to establish whether they're bluffing or giving the straight goods when they talk about player movement and trade talk.

With deposed Calgary GM Darryl Sutter, we were always fairly certain he wasn't telling the media the truth in this department. I remember a couple of years ago on the eve of the trade deadline, he told Jermaine Franklin of TSN he absolutely positively had no intention of making a trade for a forward, defenceman or goalie. Then within 24 hours he made the franchise-shifting deals to acquire Olli Jokinen and Jordan Leopold.

So it's tough to figure out what acting GM Jay Feaster is really going to do when he's telling the media he has no intention of dealing off Calgary's most valuable assets this season. Do we expect him to announce there's going to be a fire sale if the Flames fall out of playoff contention? Of course not. But by publicly stating Jarome Iginla, Robyn Regehr and Miikka Kiprusoff are not for sale at any price this month or next, he's missing out on a market that could easily be willing to overspend.

With Pittsburgh, Philadelphia, Washington and Tampa Bay looking like serious contenders in the East and probably six viable conference hopefuls in the West, the acting Flames GM should be salivating at what a Philadelphia or Washington would be willing to give up for Kiprusoff, or Los Angeles or Pittsburgh for Iginla, or any contending team for reliable, stay-at-home Regehr.

A Cup hopeful is typically going to roll the dice more at the trade deadline than the long summer days when less is at stake.

Feaster probably knows this and is keeping a poker face. After all, he made some important late-season moves in 2004 to push the Lightning over the top in the Cup final. He knows some teams are going to come knocking in February and sweeten the pot for difference-makers like Kiprusoff, Iginla and Regehr.

A Flames rebuild is imminent, despite the excitement of four wins in five games. That's not to say Calgary's three veteran cornerstones should be dealt away for the best offer on the table. It's just going to take a heckuva offer to sway Feaster. So don't be surprised to see that his protestations turn out to be a fib come Feb. 28.

FRONT AND BACKLUND:

It makes sense to farm out Mikael Backlund to Abbotsford for four games this week, but come next Monday I'd like to see the young, developing Swede back in Calgary and the slow and soft Matt Stajan sent down to the American League.

Stajan doesn't have the speed, intensity or jam to play on Calgary's top two lines and he doesn't have the energy or urgency to play a support role on the third or fourth lines. In my mind, he's a career AHL player who has been masquerading as an NHLer on some poor teams in Toronto and Calgary.

At $3.5 million this season and each of the next three, the Flames risk losing Stajan on waivers if they were ever to recall him to the NHL. And Calgary would be on the hook for half that stipend. But how many NHL teams would want such an unproductive softie for $1.75? Let Backlund take Stajan's job and show development.

Fans pick Hawks, Penguins

Pittsburgh's Sidney Crosby, Evgeni Malkin, Kris Letang and Marc-Andre Fleury, and Chicago's Jonathan Toews and Duncan Keith are the six players selected by the fans for the Jan. 30 NHL All-Star game in Raleigh, N.C.

Crosby was the top-voted player with 635,509 total votes. Toews tallied 407,676 total votes and Crosby's Pittsburgh teammate Malkin received 376,887 to round out the top three forwards. Letang, a write-in candidate, was the top-voted defenceman with 477,960 votes and will be joined by fellow defenceman Duncan Keith, who received 382,162.

Marc-Andre Fleury was the top-voted goaltender with 426,305 votes.

The six players will be joined in Raleigh by 36 more all-stars, who will be unveiled on Jan. 11. The 42 all-stars will nominate captains and alternates, who will choose the teams in a draft.

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	39	24	10	2	3	131	104	53	12-6-0-2	12-4-2-1	7-3-0-0	W1
d-Tampa Bay	40	24	11	3	2	122	122	53	12-3-1-1	12-8-2-1	8-1-1-0	W3
d-Boston	38	21	11	1	5	110	85	48	9-6-1-2	12-5-0-3	5-3-0-2	W1
Pittsburgh	40	25	12	2	1	127	94	53	13-7-1-0	12-5-1-1	5-4-0-1	L2
Washington	41	23	12	3	3	120	107	52	14-4-2-3	9-8-1-0	5-2-2-1	L1
Atlanta	42	21	15	2	4	131	125	48	11-7-1-2	10-8-1-2	4-4-1-1	W1
NY Rangers	40	22	15	2	1	119	103	47	9-8-1-1	13-7-1-0	5-3-1-1	L2
Montreal	40	21	16	3	0	100	96	45	12-5-3-0	9-11-0-0	3-6-1-0	L1
Carolina	38	18	15	1	4	111	115	41	8-7-1-1	10-8-0-3	5-3-1-1	L1
Florida	37	18	17	1	1	102	95	38	8-6-1-1	10-11-0-0	4-4-1-1	W2
Ottawa	40	16	19	4	1	90	121	37	9-11-1-1	7-8-3-0	4-4-2-0	L3
Buffalo	39	16	18	5	0	108	118	37	9-10-1-0	7-8-4-0	4-5-1-0	L1
Toronto	38	14	20	2	2	90	113	32	8-10-2-1	6-10-0-1	4-6-0-0	L1
NY Islanders	37	12	19	3	3	89	120	30	7-7-1-2	5-12-2-1	7-2-0-1	W3
New Jersey	39	10	27	1	1	69	124	22	6-12-1-1	4-15-0-0	2-8-0-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	38	25	8	3	2	131	95	55	13-3-1-1	12-5-2-1	8-1-1-0	W6
d-Detroit	40	25	10	4	1	138	113	55	13-5-3-1	12-5-1-0	5-3-2-0	W1
d-Dallas	40	23	13	1	3	114	113	50	12-6-1-2	11-7-0-1	5-3-1-1	W1
Colorado	40	21	14	5	0	136	128	47	11-7-2-0	10-7-3-0	5-4-1-0	W1
San Jose	40	21	14	4	1	118	112	47	10-6-2-1	11-8-2-0	6-4-0-0	L1
Anaheim	42	21	17	2	2	109	119	46	13-6-0-1	8-11-2-1	6-4-0-0	W3
St. Louis	38	20	13	2	3	101	104	45	14-5-0-2	6-8-2-1	6-4-0-0	L1
Los Angeles	39	22	16	1	0	116	96	45	13-5-1-0	9-11-0-0	5-5-0-0	L4
Chicago	41	21	17	2	1	126	115	45	12-9-0-0	9-8-2-1	5-5-0-0	W1
Nashville	38	19	13	4	2	95	93	44	9-4-3-2	10-9-1-0	5-5-0-0	W2
Phoenix	39	18	13	5	3	110	115	44	8-5-2-2	10-8-3-1	4-4-0-2	W1
Columbus	40	20	17	2	1	103	118	43	11-9-0-1	9-8-2-0	4-6-0-0	L2
Minnesota	39	19	15	1	4	100	113	43	10-9-0-2	9-6-1-2	6-3-0-1	W2
Calgary	40	18	19	1	2	107	115	39	11-8-0-0	7-11-1-2	6-4-0-0	L1
Edmonton	38	12	19	1	6	98	131	31	6-11-1-2	6-8-1-3	1-7-0-2	L7

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Detroit 5 Edmonton 3
Colorado 4 Buffalo 2 (OT)
Minnesota 2 New Jersey 1
Phoenix 4 Columbus 2
Tampa Bay 1 Washington 0 (OT)
Monday's results
Vancouver 4 San Jose 3
Boston 2 Toronto 1
N.Y. Islanders 5 Calgary 2
Chicago 4 Los Angeles 3
Florida 4 Carolina 3 (OT)
Tonight's games
All Times Eastern
Carolina at N.Y. Rangers, 7 p.m.
Tampa Bay at Pittsburgh, 7 p.m.
Atlanta at Florida, 7:30 p.m.
Dallas at Chicago, 8:30 p.m.
Calgary at Vancouver, 10 p.m.
Nashville at Anaheim, 10 p.m.

RED WINGS 5, OILERS 3

First Period
1. Detroit, Zetterberg 15 (Lidstrom, Miller) 3:43
2. Edmonton, Brule 5 (Reddox, Omark) 11:38
Penalty — Smid Edm (boarding) 20:00.
Second Period
3. Detroit, Bertuzzi 6 (Hudler, Filppula) 6:40
4. Detroit, Draper 3 (Helm, Rafalski) 10:43
Penalties — Abdelkader Det (hooking) 3:37, Rafalski Det (hooking) 14:39, Paajarvi Edm (holding) 17:21.
Third Period
5. Edmonton, Peckham 2 (Gagner, Hemsky) 4:54
6. Edmonton, Gagner 10 (Hemsky) 11:31
7. Detroit, Bertuzzi 7 (Kronwall, Filppula) 17:10
8. Detroit, Helm 3 (Abdelkader, Lidstrom) 17:54
Penalty — Lidstrom Det (interference) 0:20.
Shots

Detroit	11	17	9	—37
Edmonton	6	9	10	—25

Goal — Detroit: Osgood (W,5-3-2); Edmonton: Khabibulin (L,8-16-2). **Power plays (goals-chances)** — Detroit: 0-2; Edmonton: 0-3.
Referees — Greg Kimmerly, Ian Walsh. **Linesmen** — Shane Heyer, David Brisebois.
Att. — 16,839 (16,839) at Edmonton.
Penalties — Couture SJ (hooking) 7:31, H.Sedin Vcr (hooking) 11:18, Glass Vcr, Mashinter SJ (fighting) 15:24.
Third Period
7. Vancouver, Burrows 8 (Ehrhoff, Ballard) 8:57
Penalty — Vlasic SJ (tripping) 1:40.
Shots

Vancouver	15	11	21	—47
San Jose	7	15	13	—35

Goal — Vancouver: C.Schneider (W,7-0-2); San Jose: Niemi (L,9-10-2). **Power plays (goals-chances)** — Vancouver: 1-3; San Jose: 1-2.
Referees — Dave Jackson, Justin St. Pierre.
Linesmen — Vaughan Rody, Mark Wheler.
Att. — 17,562 (17,562) at San Jose, Calif.

SCORING LEADERS

	G	A	PT
Crosby, Pgh	32	33	65
Stamkos, TB	31	25	56
St. Louis, TB	16	34	50
H.Sedin, Vcr	9	41	50
D.Sedin, Vcr	21	28	49
B.Richards, Dal	18	27	45
Perry, Ana	21	23	44
Zetterberg, Det	14	30	44
Eriksson, Dal	16	26	42
Kopitar, LA	15	27	42
Ovechkin, Wash	14	28	42
Sharp, Chi	23	18	41
Byfuglien, Atl	16	25	41
Duchene, Col	15	24	39
Datsyuk, Det	12	27	39
E.Staal, Car	18	20	38
Heatley, SJ	15	22	37
Getzlaf, Ana	13	24	37
M.Richards, Pha	13	24	37
Backstrom, Wash	11	26	37
Lidstrom, Det	11	26	37
P.Stastny, Col	15	21	36
Kesler, Vcr	19	16	35
Semin, Wash	18	17	35
Giroux, Pha	16	19	35

Not including last night's games

LATE MONDAY

CANUCKS 4, SHARKS 3

First Period
1. Vancouver, D.Sedin 21 (H.Sedin, Burrows) 6:09
Penalties — H.Sedin Vcr (high-sticking) 0:49, Glass Vcr, Mayers SJ (fighting) 10:35, Boyle SJ (high-sticking) 18:15.
Second Period
2. San Jose, Clowe 11 (Demers, Ferriero) 5:08
3. Vancouver, Edler 3 (Ehrhoff, D.Sedin) 8:14 (pp)
4. San Jose, Marleau 15 (Heatley, Boyle) 12:18 (pp)
5. San Jose, Mayers 2 (Heatley, Huskins) 15:21
6. Vancouver, Hansen 5 (Kesler, Raymond) 18:35

HOCKEY

IIHF WORLD JUNIOR CHAMPIONSHIP

At Buffalo and Lewiston, N.Y.
All Times Eastern

RELEGATION BRACKET

All Games at Lewiston
Yesterday's results
Norway 3 Germany 1
Czech Republic 5 Slovakia 2

CHAMPIONSHIP BRACKET

All Games at Buffalo
Last night's result
Fifth Place
Switzerland 3 Finland 2 (SO)
Monday's results
Semifinals
Canada 4 U.S. 1
Russia 4 Sweden 3 (SO)
Today's games
Bronze Medal
Sweden vs. U.S., 3:30 p.m.
Gold Medal
Russia vs. **Canada**, 7:30 p.m.

IIHF WOMEN'S WORLD UNDER-18 CHAMPIONSHIP

At Stockholm
All Times Eastern

PRELIMINARY ROUND

Yesterday's results
Canada 8 Germany 1
Czech Republic 4 Japan 1
Finland 4 Switzerland 1
U.S. 10 Sweden 0
Monday's results
No Games Scheduled.

RELEGATION BRACKET

Today's game
Japan vs. Switzerland, 6 a.m.

CHAMPIONSHIP BRACKET

Today's games
Quarter-finals
Germany vs. Czech Republic, 9:30 a.m. or 1 p.m.
Sweden vs. Finland, 9:30 a.m. or 1 p.m.

NFL

WILD-CARD PLAYOFFS

All Times Eastern
Saturday's games
NFC
New Orleans at Seattle, 4:30 p.m.
AFC
N.Y. Jets at Indianapolis, 8 p.m.
Sunday's games
AFC
Baltimore at Kansas City, 1 p.m.
NFC
Green Bay at Philadelphia, 4:30 p.m.

SOCCER

ENGLAND

PREMIER LEAGUE

Yesterday's results
Blackpool 1 Birmingham 2
Fulham 3 West Bromwich 0
Manchester United 2 Stoke 1

LEAGUE CHAMPIONSHIP

Yesterday's results
Cardiff 2 Leeds 1

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE

SEATTLE MARINERS—Agreed to terms with C Josh Bard on a minor league contract.
TORONTO BLUE JAYS—Agreed to terms with RHP Octavio Dotel on a one-year contract and RHP Chad Cordero on a minor league contract.

NATIONAL LEAGUE

CINCINNATI REDS—Agreed to terms with OF Jeremy Hermida on a minor league contract.
PITTSBURGH PIRATES—Traded RHP Joe Martinez to Cleveland for a player to named or cash considerations.

BASKETBALL

NBA

CHICAGO BULLS—Waived G John Lucas III.
GOLDEN STATE WARRIORS—Waived G-F Rodney Carney.
MINNESOTA TIMBERWOLVES—Waived G Sundiata Gaines.

FOOTBALL

NFL

LEAGUE OFFICE—Named Ronnie Lott and John Madden co-chairmen of the Player Safety Advisory Panel.
CINCINNATI BENGALS—Agreed to a contract extension with coach Marvin Lewis.
NEW ORLEANS SAINTS—Placed RB Chris Ivory on injured reserve. Signed RB DeShawn Wynn.
OAKLAND RAIDERS—Announced they will not pick up the option on coach Tom Cable.
SAN FRANCISCO 49ERS—Named Trent Baalke general manager.
SEATTLE SEAHAWKS—Placed TE Chris Baker and G Chester Pitts on injured reserve. Placed WR Chris Henry on the practice squad injured reserve. Released LB Vuna Tuihalamaka from the practice squad. Signed RB Andre Anderson and TE Nick Tow-Arnett to the practice squad.
TENNESSEE TITANS—Signed S Myron Rolle, RB Herb Donaldson, G Ryan Durand, G Jeff Hansen, DE Pannel Egboh, TE Riar Greer and CB Chris Hawkins to futures contracts.
WASHINGTON REDSKINS—Signed OT Selvish Capers, DT Rashaad Duncan, OT Xavier Fulton, WR Taurus Johnson, RB Shawnbrey McNeal and WR Maurice Price to reserve/futures contracts.

CFL

TORONTO ARGONAUTS—Re-signed DE Ron Flemons and RB Bryan Crawford.

HOCKEY

NHL

COLUMBUS BLUE JACKETS—Acquired C Trevor Smith from the Anaheim Ducks for D Nate Guenin and assigned Smith to Springfield (AHL).
NEW YORK ISLANDERS—Recalled G Kevin Poulin from Bridgeport (AHL).
PHILADELPHIA FLYERS—Announced G Michael Leighton cleared waivers and assigned him to to Adirondack (AHL).
TAMPA BAY LIGHTNING—Signed D Marc-Andre Bergeron to a one-year contract.

LACROSSE

NLL

CALGARY ROUGHNECKS—Signed F Mark Scherman. Released G Kurtis Wagar.

SOCCER

MLS

CHIVAS USA—Named Robin Fraser coach.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	26	7	.788	—
d-Miami	28	9	.757	—
d-Chicago	23	10	.697	3
Orlando	22	12	.647	4½
Atlanta	22	14	.611	5½
New York	20	14	.588	6½
Indiana	14	18	.438	11½
Milwaukee	13	19	.406	12½
Philadelphia	13	21	.382	13½
Charlotte	11	21	.344	14½
Detroit	11	23	.324	15½
Toronto	11	23	.324	15½
New Jersey	9	25	.265	17½
Washington	8	24	.250	17½
Cleveland	8	26	.235	18½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	29	5	.853	—
Dallas	26	8	.765	3
d-Utah	24	11	.686	5½
d-L.A. Lakers	23	11	.676	6
Oklahoma City	23	13	.639	7
Denver	20	13	.606	8½
New Orleans	21	14	.600	8½
Portland	18	17	.514	11½
Houston	16	18	.471	13
Memphis	16	19	.457	13½
Phoenix	14	18	.438	14
Golden State	13	21	.382	16
L.A. Clippers	10	24	.294	19
Minnesota	9	26	.257	20½
Sacramento	7	24	.226	20½

d — division leader
Last night's results
Miami 101 Milwaukee 89
New York 128 San Antonio 115
Chicago 111 Toronto 91
Memphis 110 Oklahoma City 105
Dallas 84 Portland 81
Atlanta at Sacramento
Detroit at L.A. Lakers
Monday's results
Miami 96 Charlotte 82
Orlando 110 Golden State 90
Boston 96 Minnesota 93
New Orleans 84 Philadelphia 77
Denver 113 Houston 106
Utah 102 Detroit 97
Tonight's games
All Times Eastern
Toronto at Cleveland, 7 p.m.
Chicago at New Jersey, 7 p.m.
Milwaukee at Orlando, 7 p.m.
Washington at Philadelphia, 7 p.m.
San Antonio at Boston, 7:30 p.m.
Charlotte at Minnesota, 8 p.m.
Golden State at New Orleans, 8 p.m.
Portland at Houston, 8:30 p.m.
Atlanta at Utah, 9 p.m.
Denver at L.A. Clippers, 10:30 p.m.
L.A. Lakers at Phoenix, 10:30 p.m.

SKIING

WORLD CUP SLALOM

At Zagreb, Croatia
1. Marlies Schild, Austria, two minutes 1.80 seconds (1:01.09-1:00.71); 2. Maria Riesch, Germany, 2:02.55 (1:01.85-1:00.70); 3. Manuela Moelgg, Italy, 2:02.88 (1:01.28-1:01.60); 4. Tanja Poutiainen, Finland, 2:03.05 (1:02.41-1:00.64); 5. Maria Pietilae-Holmner, Sweden, 2:03.64 (1:01.87-1:01.77).
Did Not Finish First Run (Selected)
Anna Goodman, Mont-Tremblant, Que.
World Cup Slalom Standings
(after five events)
1. Marlies Schild, Austria, 400 points; 2. Maria Riesch, Germany, 320; 3. Tanja Poutiainen, Finland, 300; 4. Maria Pietilae-Holmner, Sweden, 219; 5. Nastasia Noens, France, 159.
Overall World Cup Standings
(after 15 events)
1. Maria Riesch, Germany, 833 points; 2. Lindsey Vonn, U.S., 647; 3. Elisabeth Goergl, Austria, 483; 4. Tanja Poutiainen, Finland, 480; 5. Tina Maze, Slovenia, 473.

TENNIS

ATP/WTA BRISBANE INTERNATIONAL

At Brisbane, Australia
MEN
Singles — First Round
Robin Soderling (1), Sweden, def. Ryan Harrison, U.S., 6-2, 6-4.
Benjamin Becker, Germany, def. Fernando Verdasco (3), Spain, 6-1, 6-7 (2), 6-3.
Mardy Fish (4), U.S., def. Adrian Mannarino, France, 6-1, 6-4.
Marcos Baghdatis (5), Cyprus, def. Florent Serra, France, 3-6, 7-5, 6-4.
Radek Stepanek, Czech Republic, def. Tobias Kamke, Germany, 5-7, 6-1, 6-4.
Kevin Anderson, South Africa, def. Peter Luczak, Australia, 6-4 6-4.
Richard Berankis, Lithuania, def. Arnaud Clement, France, 6-4, 6-3.
Matthew Ebden, Australia, def. John Millman, Australia, 4-6, 6-2, 6-4.
Doubles — First Round
Max Mirnyi, Belarus, and **Daniel Nestor (1), Toronto**, def. Thiemo de Bakker, Netherlands, and Dmitry Tursunov, Russia, 3-6, 6-3, 10-5 tiebreak.
WOMEN
Singles — First Round
Roberta Vinci, Italy, def. Christina McHale, U.S., 6-2, 7-6 (2).
Second Round
Jarmila Groth, Australia, def. Samantha Stosur (1), Australia, 6-2, 6-4.
Lucie Safarova, Czech Republic, def. Shahar Peer (2), Israel, 3-6, 6-1, 7-5.
Anastasia Pavlyuchenkova (5), Russia, def. Bojana Jovanovski, Serbia, 6-2, 7-5.

WTA ASB CLASSIC

At Auckland, New Zealand
Singles — First round
Yanina Wickmayer (2), Belgium, def. Dinara Safina, Russia, 6-3, 6-7 (2), 6-1.
Julia Goerges (4), Germany, def. Annabel Medina Garrigues, Spain, 6-4, 6-0.
Elena Vesnina (6), Russia, def. Marina Erakovic, New Zealand, 6-2, 6-2.
Carla Suarez Navarro (7), Spain, def. Romina Oprandi, Italy, 6-3, 7-6 (7).
Sofia Arvidsson (8), Sweden, def. Tamira Paszek, Austria, 6-3, 6-1.
Greta Arn, Hungary, def. Zana Ondraskova, Czech Republic, 6-1, 6-0.
Sabine Lasicki, Germany, def. Florencia Molinero, Argentina, 6-1, 6-3.
Heather Watson, Britain, def. Noppawan Lertchewakarn, Thailand, 6-1, 6-1.
Alize Cornet, France, def. Sandra Zahlavova, Czech Republic, 3-6, 7-5, 6-0.
Simona Halep, Romania, def. Ayumi Morita, Japan, 6-0, 7-6 (3).
Doubles — First Round
Sania Mirza, India, and Renata Voracova (3), Czech Republic, def. Sarah Borwell, Britain, and **Marie-Eve Pelletier, Repentigny, Que.**, 6-3, 6-4.

ATP QATAR OPEN

At Doha, Qatar
Singles — First Round
Rafael Nadal (1), Spain, def. Karol Beck, Slovakia, 6-3, 6-0.
Roger Federer (2), Switzerland, def. Thomas Schoorel, Netherlands, 7-6 (3), 6-3.
Ernests Gulbis (5), Latvia, def. Viktor Hanescu, Romania, 6-3, 7-6 (6).
Viktor Troicki (6), Serbia, def. Sergiy Stakhovsky, Ukraine, 6-4, 7-5.
Philipp Kohlschreiber (8), Germany, def. Andreas Seppi, Italy, 6-2, 6-4.
Teymuraz Gabashvili, Russia, def. Rainer Schuettler, Germany, 6-4, 7-6 (2).
Marco Chiudinelli, Switzerland, def. Reda El Amrani, Morroco, 3-6, 7-6 (3), 6-3.
Jarkko Nieminen, Finland, def. Michal Przysiezny, Poland, 6-2, 3-6, 6-3.
Lukas Lacko, Slovakia, def. Pere Riba, Spain, 5-7, 7-6 (7), 7-6 (4).
Antonio Veic, Croatia, def. Sherif Sabry, Egypt, 3-6, 7-5, 6-0.
Ivo Karlovic, Croatia, def. Lukas Rosol, Czech Republic, 7-6 (5), 7-6 (7).

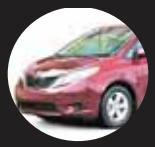
5 drive

By comparison

Honda Odyssey
Base price: $31,600
All-new 2011 model is roomy, powerful and loaded with features.

Dodge Grand Caravan
Base price: $28,900
Updated with powerful V6 and a much nicer interior. Also a tempting price.

Toyota Sienna
Base price: $29,600
Stylish, spacious and it's the only minivan to offer optional all-wheel-drive.



WHEELBASE MEDIA

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For 2011, Nissan's minivan gets a little form to go with all that function

▶ Is the Quest part of a new super-cool minivan category, or is it an extension of the Venzas, Journeys and Mazda CX-9s of the world? Stylistically, yes to the latter, but without all-wheel-drive, it's still a minivan.

Nissan makes its minivan comeback

MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

There might be plenty of room inside most minivans, but will there be enough room for all of the newly reconstituted models that have recently emerged from hibernation?

The Nissan Quest is the most recent member of the minivan group to awaken from its dormant state. Many pundits thought it might never return since there was no 2010 edition.

With an early 2011 due date, the Quest joins the newly altered Toyota Sienna and Honda Odyssey people movers.

They enter the fray alongside Chrysler's one-two punch: the Town & Country and Dodge Grand Caravan minivans that have also been refreshed with better engines and upgraded interior and exterior styling.

▶ The centre-stack-mounted shift lever provides a passthrough for the driver to get to the passenger side without having to straddle a centre console.

Compared to the awkward-looking Quest of old, the styling of the 2011 version is far more pleasing.

The overall design has added curves and sculpting to the hood, doors and rear quarter panels that lessens the typical minivan's boxy appearance. The wrap-around rear glass allows the lift gate to neatly blend in with the rest of the body, despite its extreme upright posture.

Along with the Quest's new suit of clothes, the designers cut the distance between the front and rear wheels by about 15 centimetres, bringing that number more in line with the competition.

This should make the Quest more manoeuvrable in tight spaces without too great a sacrifice in ride quality or passenger room.

As with most minivans, there are three rows of seats, but the Quest comes standard with second-row, high-back buckets instead of a more typical bench. Also unique is the split-folding three-place third row that tilts forward to create a flat load surface.

This is instead of folding into the rear well below the floor, which in the case of the Quest is now always available for discrete stowage of smaller items.

The Quest's 3.5-litre V6 is the workhorse engine for a number of Nissan cars and trucks. In the Quest, it makes 253 horsepower, up from 235 horses.

Being out of the minivan game for the 2010 model year while its competitors were busy bringing out new products could potentially hurt Nissan's attempts at a comeback.

Fortunately, the latest Quest has plenty of style and substance that should resonate with shoppers in this bracket.

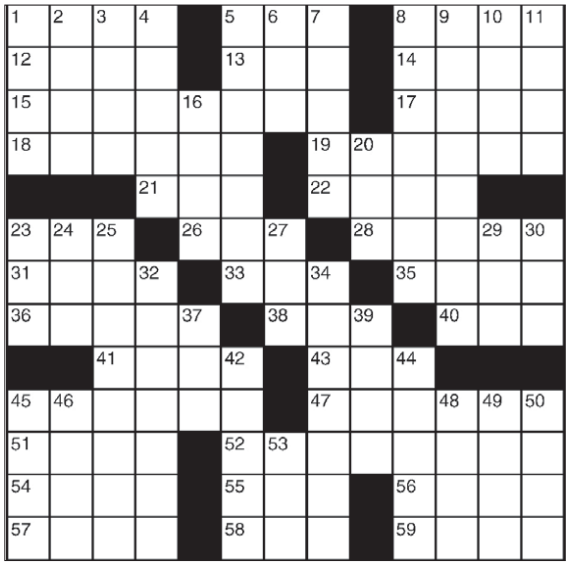
For those folks, it's a Quest very much worth considering.

Nissan Quest

What you should know about the 2011 Nissan Quest:

- **Type:** Four-door, full-size minivan.
- **Engine (hp):** 3.5-litre DOHC V6 (253).
- **Transmission:** Continuously variable.
- **Market Position:** The minivan ranks have been reduced in recent years, resulting in intensified competition among the remaining brands. As a result, the current platforms now offer leading-edge styling, features and fuel economy.
- **Points:** Quest has arguably become the best-looking of the bunch; Inviting, practical interior styling a major leap forward; Honda Odyssey's fuel economy supremacy likely to remain unchallenged; Dodge Grand Caravan's low base price, powerful V6 could also steal Quest's thunder.
- **Safety:** Front airbags; side-impact airbags; side-curtain airbags; anti-lock brakes; traction control; stability control.
- **Stats:** l/100 km (city/hwy) 12.6/8.3 (est.)
- **Base price:** $32,000 (est.) (Including destination)

Crossword



Across

1 Dresses in
5 Navy rank (Abbr.)
8 Early birds?
12 Colorful fish
13 Deteriorate
14 Chick's sound
15 Prepare
17 Sicilian spouter
18 Cleans the cookware
19 Not as small
21 Wildebeest
22 Therefore
23 Joke
26 Historic time
28 Weapon in "Psycho"
31 Individuals
33 North Pole employee
35 Concludes
36 Annie of "Designing Women"
38 Three on a sundial
40 Space
41 Saharan
43 Director Howard
45 On the beach
47 Thwart
51 Military vehicle
52 Fare
54 Asian nursemaid
55 The whole enchilada
56 Approximately
57 Carnival attraction
58 Firmament
59 Trawler equipment

Down

1 Canines
2 Oil cartel
3 Brussels-based org.
4 Unspoken "I don't know"
5 Rubout
6 Affirmative action?
7 Fashion
8 Fancy centerpiece
9 Move on
10 Siskel or Kelly
11 Mast
16 Sea eagle
20 Noah's boat
23 Bush league?
24 "I'll take that as — "
25 Advance
27 Will Smith biopic
29 Rx safety grp.
30 Kreskin's claim
32 Stanza
34 Above all others
37 Round Table address
39 Tittle
42 "La Toilette" artist
44 Hose material
45 Open somewhat
46 Big rig
48 Oliver Twist's request
49 "Meet Me — Louis"
50 Hollywood clashers
53 Wapiti

▶ Friday's answer

G	L	A	M		B	A	H		H	E	S	S
A	O	N	E		E	K	E		A	L	E	E
L	O	N	G	H	A	I	R		I	B	E	X
E	T	A		I	N	N		G	R	A	N	T
			S	L	Y		B	U	S			
M	I	G	H	T		M	O	T	H	E	R	S
A	L	A	I		F	A	X		I	D	E	A
H	E	B	R	A	I	C		G	R	O	O	M
			T	I	X		F	I	T			
T	I	L	T	S		G	A	L		O	H	O
A	R	E	A		T	A	I	L	S	P	I	N
M	A	G	I		O	U	R		H	E	E	L
E	N	O	L		P	L	Y		E	D	D	Y

Sudoku

	3	1	9			7		
				1		6		3
5	9				4			2
		7						8
	2						7	
3						2		
2			1				6	9
1		4		7				
		5			2	4	1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

1	5	7	3	2	9	6	4	8
8	4	9	6	5	1	2	7	3
3	6	2	4	7	8	9	5	1
9	7	5	8	4	3	1	2	6
6	1	8	2	9	5	4	3	7
2	3	4	7	1	6	8	9	5
4	2	1	5	8	7	3	6	9
5	8	3	9	6	4	7	1	2
7	9	6	1	3	2	5	8	4

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

My monkey, my chi-chi! there's no one else who's ever made me feel this way when i asked you how you did it you just say "it was nothing at all" these past few months have been the best of my life and i can't wait for the rest of our lives! I love you! **LOVE YOUR ZEBRA PRINCESS**

Calabacito, Happy new year and thank you for all the wonderful time we spent together all this time. Looking forward to have great moments with you in this new year. **LOVE YOU MUCH + KISSES, YOUR COCONUT.**

To my Tiger,
Thank you for killing the spiders, taking out the garbage, carrying the grocery bags home and most importantly, keeping my feet warm at night. I love you very much!
~YOUR MONKEY.

A look at the weather

TODAY	THURSDAY	FRIDAY
Min -4° Max 0°	Min -8° Max -1°	Min -8° Max -1°

Andrew Schultz, Meteorologist

BT BREAKFAST TELEVISION

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 What seemed so difficult yesterday will seem ridiculously easy today. The task itself may not have changed one bit but your attitude toward it has and that's what makes all the difference.

♉ Taurus April 21-May 21 Listen carefully to what your inner voice tells you today. The answers you are looking for are not somewhere "out there" waiting to be discovered but "in here" where your heart resides.

♊ Gemini May 22-June 21 You may not want to hurt someone's feelings but you know you have to be honest – it's for their own good. Tell it like it is today

♋ Cancer June 22-July 22 The solution to your current predicament is easy enough but you are unlikely to see it until you stop looking at life in such an emotional manner

♌ Leo July 23-Aug.23 If you do what friends say you should do today you will soon find a way out of your dilemma. Of course, being a Leo you don't like to admit that you got it wrong

♍ Virgo Aug. 24- Sept. 22 Your insights into how other people behave when under pressure can be used to good effect today, especially on the work front where sudden changes won't worry you as much as they do some of your rivals. They're an opportunity.

♎ Libra Sept. 23-Oct. 23 You can sense that the tide is turning in your favor again and with it your confidence will soon come flooding back.

♏ Scorpio Oct. 24-Nov. 22 You may have good reason to be confident but don't start thinking that nothing can possibly go wrong because that is just asking for trouble.

♐ Sagittarius Nov. 23-Dec. 21 Others may say you don't deserve all the good things now coming your way but what do they know? What you are enjoying now is what you have earned by your past deeds. Good deeds today will bring a good future too.

♑ Capricorn Dec. 22-Jan. 20 You are in the middle of an extremely positive phase, one that will last for at least another two weeks. That may seem like a long time but it will pass quickly enough

♒ Aquarius Jan. 21-Feb. 18 For best results today don't limit yourself to tried and trusted ways of doing things – use your imagination to come up with new ideas and new ways of looking at the world you inhabit.

♓ Pisces Feb. 19-March 20 Find a quiet place where the world cannot get at you and ask yourself some serious questions about what it is you most want to accomplish in life.

SALLY BROMPTON

HASSAN AMMAR/ THE ASSOCIATED PRESS

Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

MATT DUNHAM/ THE ASSOCIATED PRESS

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Stk# RR10147A

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Stk# RR10023A

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Stk# C101412A

$25,995

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Stk# U6239A

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Stk# P4867A

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Stk# U6336A

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- 2006 Chevrolet Cobalt SS stk#A1691B..... **$10,995**
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- 2006 Ford E-250 Cargo Van stk#C100645BB..... **$16,995**
- 2009 Chevrolet Malibu stk#P4871A..... **$18,995**
- 2008 Toyota Tacoma stk#C101114B..... **$21,995**
- 2007 Cadillac SRX stk#U6300A..... **$26,995**
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- 2009 Dodge Nitro SLT stk#P100590B..... **$27,995**
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